

FEBRUARY VACATION BASEBALL CLINIC
HITTING / DEFENSIVE SKILLS

INSTRUCTORS:

JEFF PLYMPTON: BOSTON RED SOX

ED MORAN: KP BASEBALL COACH

INFORMATION: 508-384-5427 – Jeff Plympton

Prepare for your upcoming baseball season with 7.5 hours of instruction over 5 days during February Vacation. Our pre-season workout will concentrate on hitting skills and general baseball skills workout. Our program will be 1.5 hours of intense skill work to get you prepared for your baseball season at all levels.

Batting circuit and defensive workout will consist of:

Players will rotate thru stations that include tee work, bunting, toss hitting and live cage work. Specific defensive and offensive skill work is also included every day!

Please bring bat, helmet and glove every day!

WHEN: February 20, 21, 22, 23, 24

CLASS #1: 9:30a.m. – 11a.m.

CLASS #2: 11a.m. – 12:30p.m.

LOCATION: King Philip High School Field House

FEE: \$100 (Checks payable to the Wrentham Pitching Club)

SEND TO: Wrentham Recreation – 79 South Street – Wrentham, MA 02093

AGES: 9 years old thru high school

NAME:

AGE:

ADDRESS:

HOME PHONE:

CELL PHONE:

EMAIL:

PARENT NAME'S

PLEASE PLACE CHECK MARK FOR YOUR CLASS

9:30a.m. to 11a.m. _____

11a.m. to 12:30p.m. _____

20 players per class – 1st come 1st serve.

Players will be placed with age group.

